

Schedule for Spiritual Renewal Retreat
“Spiritual Nourishment”
September 26-27, 2016
Antiochian Village Conference Center
140 Church Camp Trail, Bolivar, PA
(Off of Route 711 outside of Ligonier)

Monday

11:30 Registration, Room Assignments, Small group assignment
12:00 Noon-Lunch
1:00 Opening Worship-Nancy Harclerode
1:30 Introduction to the Spiritual Practices of Silence and Lectio Divina-Meredith Hutchison
1:45 Small Groups (Small group exercise and reflection on Silence)
2:40 Lectio Divina and Journaling
3:45 Free Time to explore Antiochian Village individually, with a friend, a new friend or in a group
5:00Dinner
6:00 Small groups-Plugging into God (Reflection on your experience of Lectio Divina and time of silence)
7:00PM-Time alone for journaling and reflections on the day
8:00PM Social time

Tuesday

8:00AM Breakfast
9:15 Small Group session-You and God, Plugging back into the World
10:15 Free Time
11:00Worship (with Holy Communion)-Led by David Ackerman
12:00Lunch
12:30-1:00 Departure